

## 4 - Program Guidebook

[www.troop4.org](http://www.troop4.org)

#	<b><u>CONTENTS</u></b>	#	<b><u>INDEX</u></b>
1	Troop 4	34	Adult Training
2	Scouting	20	Advancement
3	Communication	35	Alumni
4	Email lists	8	Attendance
5	Internet website	22	Board of Review
6	Patrol	Back	Calendar
7	Weekly meeting	18	Camporee
8	Attendance	27	Charter Night Family Dinner
9	Scout Uniform	3	Communication
10	Uniform Exchange	23	Community Service/Leadership
11	Dues	25	Court of Honor
12	Handbook	30	Disenrollment
13	Fund Raiser	11	Dues
14	Scholarships & Assistance	26	Eagle Court of Honor
15	Monthly Outing	4	Email lists
16	Shake-downs	Back	Equipment Checklist
17	Outing Highlights	13	Fund Raiser
18	Camporee	31	Gazette : Troop 4 "Post Times"
19	Summer Camp	12	Handbook
20	Advancement	5	Internet website
21	Scoutmaster's Conference	15	Monthly Outing
22	Board of Review	39	National Jamboree
23	Community Service/Leadership	41	National OA Conference
24	Service Projects	40	Order of the Arrow (OA)
25	Court of Honor	17	Outing Highlights
26	Eagle Court of Honor	42	Outing Gear Essentials
27	Charter Night Family Dinner	43	Outing Guidelines
28	Scout Sunday	33	Parent Involvement
29	Scout Spirit	6	Patrol
30	Disenrollment	38	Philmont
31	Gazette : Troop 4 "Post Times"	14	Scholarships & Assistance
32	Troop Committee	29	Scout Spirit
33	Parent Involvement	28	Scout Sunday
34	Adult Training	9	Scout Uniform
35	Alumni	2	Scouting
36	Youth Protection and Privacy	21	Scoutmaster's Conference
37	Twin Rivers Council	24	Service Projects
38	Philmont	16	Shake-downs
39	National Jamboree	Back	Shopping Guide
40	Order of the Arrow (OA)	19	Summer Camp
41	National OA Conference	1	Troop 4
42	Outing Gear Essentials	32	Troop Committee
43	Outing Guidelines	37	Twin Rivers Council
Back	Equipment Checklist	10	Uniform Exchange
Back	Shopping Guide	7	Weekly meeting
Back	Calendar	36	Youth Protection and Privacy

## Troop 4 - Program Guidebook

1. **Troop 4:** The *Troop* is chartered by Christ Church, United Methodist, 54 Bay Street, Glens Falls, New York, 12801. Started in 1919 by the Methodist Men of Christ Church, Troop 4 is a member of the Wakpominee District ("whence all good things come"), Twin Rivers Council, Area 2, Northeast Region, Boy Scouts of America.

2. **Scouting:** To become a Scout, a boy must be either: 11 years old, or have completed 5th grade and be 10-1/2 or have earned the Arrow of Light as a Cub Scout and not yet 18 years old. "The fundamental aims of the Boy Scouts of America are character development, citizenship training, and personal fitness. The Boy Scouts of America promotes the ability of boys to do things for themselves and others, trains them in Scoutcraft, and teaches them patriotism, courage, self-reliance and kindred virtues." The Scout Oath, Law, Motto, Slogan, and The Outdoor Code are foundations in developing citizenship, leadership, teamwork, personal growth, physical and mental fitness, and appreciation of the outdoors. The rank and merit badge program allows Scouts to focus their growth on specific skills. Monthly participation in Troop 4's outdoor program exposes each Scout to a cross-section of camping, hiking, Nordic skiing, and canoeing across the Adirondacks. The mission of the Boy Scouts is "to serve others by helping to instill values in young people and in other ways prepare them to make ethical choices over their lifetime." The troop endeavors to foster high self-esteem and confidence in the scouts and a positive attitude to others.

3. **Communication:** "Ask your patrol leader" -- The phrase often heard around Troop 4 because it allows the scouts to run the troop meeting, scout activity or campout. New boys are notorious for asking nonstop question of any adults around, but the Scout Method puts great emphasis on giving patrol leaders responsibility for their members. Of course, adults can help out from time to time to teach skills and impart wisdom, but let the Patrol Leader do his job.

4. **Email lists:** Email is by far the preferred method of communication in Troop 4. We have an email list for everyone connected with the troop -- Scouts, leaders, adults, relatives, and helpers. If you are at all connected with the troop, please be sure that you are subscribed to our email list! Just send your subscription request to [LeePollock@verizon.net](mailto:LeePollock@verizon.net) (and be sure to mention your name and phone number and how you're connected with the troop). The all-troop email list typically sees about one message per month.

We also have an email list just for adult leaders of the troop. That list gets much more traffic, as we plan, discuss, and brainstorm.

5. **Internet website:** Look for us at <http://www.troop4.org> though the generosity of Adirondack.net the troop is able to provide an Internet website. This site provides up to date information on the troop and scouting. It also has connections to other sites of interest to scouts.

6. **Patrol:** A *Patrol*, or team, of 8-12 Scouts forms the fundamental organization. Each Scout is a crucial part of his Patrol, and should strive to attend every Monday meeting and monthly outing. -Boys 14 and older may form a Venture Patrol, which includes more challenging outdoor experiences plus special tours of local industry, business, and government. The Venture patrol, if any, is organized at the initiative of the scouts. Patrols are encouraged to conduct their own special day events outside monthly camping.

**Patrol Leaders' Council:** The Patrol Leaders' Council, or PLC, is the primary decision-making body of the troop. It is run by the Senior Patrol Leader or SPL, and also consists of the Asst. SPL, Troop Scribe, Troop Quartermaster and the Patrol Leaders for each patrol. The PLC typically meets before or after meetings, or during a campout. Each spring they plan the overall schedule for the coming year. They are responsible for planning themes and activities for meetings and campouts.

7. **Weekly meeting:** Baden-Powell described Scouting as a “game” where boys can come and learn. Troop 4 meets every **Monday night, 7:00pm - 8:30pm**, from the first Monday after Labor Day through the Monday prior to exam week in June except the Monday between Christmas and New Years. A general rule which works well is that **if there is school on Tuesday then there is a meeting the prior night**. Meetings are held in the basement of the church - entrance through the Washington Street door. Each meeting includes a period of Advancement for rank or merit badge study that requires pre-meeting preparation by each Scout. Scouts bring pen, notebook, and Scout Handbooks to meetings and outings.

8. **Attendance:** Attendance is expected of all Scouts in the Boy Scout Program at all scheduled functions: Monday night meetings, monthly outings, paper & bottle drives (fund raiser), Scout Camp, Scout Sunday, Annual Family Picnic, Charter Night Dinner. Notify the Senior Patrol Leader *in advance* through your Patrol Leader when absent.

9. **Scout Uniform:** Uniforms build team spirit in the patrol and troop. All Scouts will wear the complete official scout uniform at all Troop meetings, Camporees, Scout Camp, Scout Sunday, Charter Night Family Dinner, Leadership Training, Citizenship and Career Activities, and when otherwise specified. The uniform is NOT WORN on regular troop outdoor camping trips. The uniform consists of: long or short sleeve Scout shirt (red undershirt preferred), long trousers (khaki preferred; blue jeans or black jeans) or shorts (requires long khaki socks); scout belt, scout hat, Troop neckerchief and slide (Troop neckerchief colors are Red and Black) or bolo tie; brown or black shoes or hiking boots preferred. Open toe shoes & sandals are not considered appropriate for safety reason at any activities except canoe outings. All appropriate badges must be worn in the correct places on the uniform - see

inside cover of Scout Handbook for a guide. The uniform is required upon reaching Scout rank. As with any activity requiring financial expense, the *Troop Scoutmaster* and *Treasurer* (see roster) are empowered to make financial arrangements.

10. **Uniform Exchange:** The Troop has a uniform exchange for boys outgrowing uniforms. Parents and Scouts are encouraged to recycle through the Troop uniforms, merit badge books and other useful equipment.

11. **Dues:** In addition to camping fees and equipment purchases, there are other costs to running a Boy Scout troop, such as patches, awards, training, postage and supplies. Dues also help subsidize fees to the Council and National organizations. Dues are \$1. payable at weekly meetings (roughly \$38 per year), regardless of weekly attendance. Dues must be reasonably current (less than 6 weeks in arrears) to Advance, attend monthly camping, and Scout Camp.

12. **Boy Scout Handbook:** The Boy Scout Handbook is an integral part of the Scout's experience. Every boy definitely needs his own book! It contains not only much useful information about Scouting, but it also contains checklists for rank requirements through First Class, along with the teaching material needed to satisfy many of those requirements. The Troop will buy a handbook for each boy who registers. If you need a replacement or a second copy, you can buy them for \$7.95 at Scout Service Center, Pearl St., Glens Falls.

13. **Fund Raiser:** Scouts must participate in the Troop fund-raising activities. Money is used to purchase equipment, badges, and defray part of each Scout's summer camp fees. (Friends of Scouting raises money for the Council-level program.)

14. **Scholarship & Assistance:** Troop 4 believes that participation is very important to meeting the goals of each individual scouting development. Aid is available on both a short term and long term basis in the form of scholarships, assistance and self-help programs. All arrangements are confidential between the scout's parents, Scoutmaster and Treasurer.

15. **Monthly Outing:** The highlight of the Troop 4 program is monthly all-weather camping. The *Senior Patrol Leader* and his Patrol Leader's Council determine the monthly Theme, Advancement Focus, and Camp destination. The Troop Committee selects non-conflicting weekends, develops the 7-Year Program, and provides Advancement Counselors. A calendar listing all monthly outing and dates is given to each scout in September. Camping is by the Patrol method. Patrol Leaders conduct Patrol Meetings 7-10 days prior to monthly camping to plan menus, duty rosters and individual patrol member Advancement. Scouts must come prepared for all-weather camping. Please follow the attached equipment list. Monthly camping trips depart Christ Church at 7:00am Saturday, or 6:00pm for Friday departures.

16. **Shake-downs:** are required prior to all outdoor camping outings to insure a safe and enjoyable scouting experience. These are generally held at the church on the Thursday night prior to the outing. All scouts going on the outing are required to attend. Scouts arrive at the shakedown fully packed. The scout's pack and equipment is checked for the proper clothing, equipment etc. to safely attend the outing scheduled. Secondly, troop equipment -- such as tents, snow shoes, stoves etc.-- is checked out at that time. Scout packs are stored in the scout office to allow for prompt departure on Friday night or Saturday morning. Scouts are encouraged to have their packs as complete as possible on Thursday night. This system ensures that scouts are prepared with all essentials and allows for a smooth departure on Friday or Saturday.

17. **Outing Highlights**  
**(for this year's schedule see the attached program)**

The patrol leaders council will set the program for the year. Typically Troop 4 follows the following format:

**Aug.** Canoe trip in the Adirondack Park. Two separate events may be held, a 5 day 50 Mile through trek and a 3-day canoe trip. Destinations have been the Fulton chain, the Saranac Lake chain or the St. Regis canoe area.

Participating Scouts can obtain their 50 Miler award upon completing these treks plus the required conservation projects. The troop owns several canoes and a canoe trailer.

**Sept.** Backpack camping in the Adirondack High Peaks. The Venture patrol will be challenged to climb one of the High Peaks leading toward the Adirondack 46. The patrols with less experienced scouts will participate in an alternate climbing program appropriate to their skills. Their outing will focus on Scoutcraft and camping skills.

**Oct.** A camping or biking outing for Peak foliage. May be Adirondack or Catskills or near by Vermont. Typically this is the month that Camporees are done.

**Nov.** Patrol outings. Separate patrol outings encourage small group planning and flexibility in different activities. These outings are planned by individual patrols.

**Dec.** Typically a day trip outing to hike a nearby peak.

**Jan.** Outing to focus on Scoutcraft skills such as meal preparation, cold weather hiking/skiing. This outing offers the opportunity for scouts to prepare for the more rigorous February outing to Salmon Pond.

**Feb.** The Salmon Pond Club of Glens Falls maintains a hunting cabin on leased Finch Pruyn timberland 2 miles north of Blue Mt. Lake and 5 miles in from the highway. Following a 45-year troop tradition, the Salmon Pond Club has allowed the troop to use this area for the February outing. This is considered a culmination event in the scout 's annual outdoor experience. The Venture patrol will open camp Friday evening. Other troop members will ski in Saturday morning with packs, and focus on Nordic skiing, exploring, and winter camping skills. Weather permitting older scouts build and sleep outside in snow shelters. The troop owns 40 sets of Nordic (cross country) skis and boots in various sizes.

**Mar.** Winter cabin camp, scouts participate in: snow shoeing, animal track identification and map reading.

**Apr.** City Tour; Scouts will tour educational and historical sights as part of the 7-year plan to expose Scouts to various cities in the Northeast United States. Cities include Boston, New York City, Philadelphia, Washington D.C. and Baltimore among others. Generally, the Troop plans to stay at a Methodist Church in the area.

**May** Backpack camping in the Adirondack High Peaks. The Venture patrol will be challenged to climb one of the High Peaks leading toward the Adirondack 46. The patrols with less experienced scouts will participate in an alternate climbing program appropriate to their skills. Their outing will focus on Scoutcraft and camping skills.

**Jun.** The *Patrol Leaders Council* has introduced a bike trek to a local historical sight with camping. Activities will include discussion topics in local folklore, culture, and spiritual growth after the end of school. Other events have been tubing and canoeing

**Jul.** Camp Wapominee, registration begins early (See section #19)

**Aug.** Canoe outing, 50-mile hike.

18. **Camporee:** The Wapominee District may schedule a Camporee in fall and in spring. Troop patrols camp together and compete in various forms of camping skills such as fire starting, agility and woodcraft. The troop schedule is set far in advance of the District camporee planning. Camporees are an opportunity for younger scouts to learn scout skills and bond.

19. **Summer Camp:** Camp Wapominee (Indian name meaning "from whence all good things come") is our summer camp located in West Fort Ann. It is one of four Twin Rivers council owned summer camps. It is not just a place, it's an idea! - an idea which had its beginnings on Brownsea Island, Dorset, England in 1907, when Lord Baden-Powell ran his experimental camp for the 21 original Scouts. The "idea" traveled to this country, and was nurtured at Silver Bay on Lake George (right in our council territory) in August of 1910, where Ernest Thompson Seton and Daniel Carter Beard ran the first experimental camp in the United States. 120 Scouts and 20 adults attended it. **Troop 4 attends Camp Wapominee** the third camp week each July (see schedule). Scouts may attend additional weeks with the Provisional Troop; this is especially useful in completing outdoor merit badges not obtainable during the Troop encampment. Camp Wapominee offers specialized merit badge training in aquatics, shooting sports, nature studies, and handicraft not normally available in our school-year troop program. Black powder shooting, mountain biking and COPE (Challenging Outdoor Physical Encounter) challenge scouts 13 and older. Summer 2002 Camp fees are \$230 per week if paid before May 1st, \$250 per week after May 1<sup>st</sup>. Camperships are available to Scouts in need -- contact the Scoutmaster. Scouts should help pay their own way. Camp Wapominee provides the best opportunity to complete Waterfront training, Nature badges, Handicraft skills, and Field Sports (archery and shooting). There are no additional fees for in-camp program items (merit badge books are loaned, camp supplies, handicraft materials, ammo provided). Wednesday night is family night starting at 5:00pm. Camp Fees and Medical forms must be submitted to the Troop Committee by May 1st. New York State

is now requiring detailed information on medical history for example exact dates of immunization shots.

Adults: Must have a medical form on file at camp to use the waterfront.

Adults are encouraged to take the BSA Lifeguard training to assist the Troop during monthly outings afloat. Troop 4 requires two adults on duty at all times during camp. Normally, one adult attends the entire week as Scoutmaster, and one or two adults augment for 24-hour tours starting at 5:00pm. No-charge for adult meals in camp. **Scouts will meet at the first parking lot at Camp Wakpominee Sunday at 1:00pm (eat lunch at home).** First meal served at Camp is Sunday dinner at 6:00pm. Checkout is 9:00-11:00am Saturday. Mailing address: Scout name, Troop 4, Camp Wakpominee, Sly Pond Road, Fort Ann, NY 12827.

20. **Advancement:** "Active Scout participation and advancement go together." A youth's personal growth is the prime consideration in the advancement program. Each Scout is challenged to follow the road to Eagle Scout. This internationally recognized achievement will prepare him for a successful future in family life, citizenship, outdoor living and career. Of every 100 boys who join Scouting, 2 will become Eagle Scouts. Each Monday night includes skill training for ranks Scout, Tenderfoot, Second Class, First Class, and selected Merit Badges for Star, Life, and Eagle. Monthly outings include outdoor camp skill training. Scouts are especially encouraged to seek the following merit badges (alphabetically listed), where skill mastery directly compliments our outdoor program.

- |                    |                           |                          |
|--------------------|---------------------------|--------------------------|
| Backpacking        | • <b>Lifesaving or</b>    | Snow Sports              |
| Bird Study         | <b>Emergency</b>          | (Alpine or Nordic        |
| • <b>Camping</b>   | <b>Preparedness</b>       | Skiing,                  |
| Canoeing           | Nature                    | Snowboarding)            |
| Climbing           | Orienteering              | • <b>Swimming or</b>     |
| Cooking            | • <b>Personal Fitness</b> | <b>Cycling or Hiking</b> |
| Cycling            | Pioneering                | Whitewater               |
| • <b>First Aid</b> | Skating                   | Wilderness Survival      |
| Fishing            |                           |                          |

The required merit badges for Eagle rank are those shown above in bold type plus:

- |                                |                         |
|--------------------------------|-------------------------|
| • Citizenship in the Community | • Environmental Science |
| • Citizenship in the Nation    | • Family Life           |
| • Citizenship in the World     | • Personal Management   |
| • Communications               |                         |

21. **Scoutmaster's Conference:** Upon completing requirements for each rank, the Scout will meet privately with the Scoutmaster, review his participation in the troop program, and detail areas for continued personal growth. Scoutmaster's Conferences may be held at weekly meetings or other times as necessary, initiated by either the Scout or Scoutmaster. Scoutmaster periodically interviews Scouts who are not advancing to see if assistance is needed.

22. **Board of Review:** The Advancement Committee holds a Board of Review of 3-4 adults for all rank advancement in Troop 4. All Advancement forms must be signed and handed in to the Advancement Chair before the Board of Review. The purpose of the review is not to re-test the Scout, but 1) determine the Scout's attitude and application of Scouting ideals, and 2) insure each rank's performance standard is met. Scouts meet the Board individually, not in groups. Review time is about 15 minutes. The Scout is then asked to leave the room while Board members discuss their findings. The Scout is called in and given feedback from the Board, either passing or specific areas for improvement. For ranks that have length of participation requirements this is calculated from the date of the Board of Review of the previous rank.

23. **Community Service / Leadership:** Second to outdoor activities the Troop participates in many community service and leadership activities. The Troop sponsors junior leader training on a Saturday in early spring for scouts in leadership positions to assist them in their roll of leaders in the Troop. The council also has opportunities for leadership training. Scouts are encouraged to participate in community service events such as food drives, disaster assistance, church and camp cleanup days. Scouts are required to show proof of community service by either a signed note from the benefit organization or the completion of the credit form signed by the Scoutmaster.

24. **Service Projects:** These are meaningful service activities not normally expected of a boy as part of his school, religious, or community activities. For Star and Life rank, each Scout must perform a *minimum* of six hours of service, alone, or with other scouts. For Eagle, the Scout must carry out a service project in which he acts as the Leader to "Plan, develop, and give leadership to others; and direct the successful carrying out of the project." The Scoutmaster, Troop Committee Chairman and Council Advancement Committee must approve eagle projects before the project is started.

25. **Court of Honor:** A Court of Honor ceremony is held each quarter. This is where Scouts who have earned them will receive rank, merit badges and special awards. Families are encouraged to attend. The Court of Honor is held at a regular Monday meeting. Parents should arrive at 7:45 pm. Refreshments are served.

26. **Eagle Court of Honor** is a separate affair. The Advancement Committee will provide the Eagle scout's family a special packet and directions. This is special time of formal individual recognition of the Scout's achievements with the people most important to him. Following the formal ceremony, refreshments are generally served at an informal gathering.

27. **Charter Night Family Dinner:** Held the last Saturday of January at 5:00pm. Scouts and their families will meet in Christ Church's Fellowship Hall for the Charter Night Family Dinner. This is normally a catered dinner followed by the formal Charter presentation, leadership transition and installation of new Patrol leaders, Court of Honor and special perspectives on the Troop.

28. **Scout Sunday:** Scout Sunday is scheduled for the Sunday closest to Scouting's birthday in the USA, February 8, 1910. Please check the attached scout calendar for the scheduled date. Our annual February outing to Salmon Pond camp sometimes conflicts and may require this recognition day to be adjusted a week ahead. Parents and family are urged to attend to show support for our excellent Charter organization. Scouts will meet at Christ Church at 9:30am Sunday for the 10:00am-11:00am service. Selected Scouts will participate in the service. It is the Troops way of showing appreciation to the Church for our facilities.

29. **Scout Spirit:** The Senior Patrol Leader and Patrol Leaders are responsible for maintaining order at all gatherings. The Scoutmaster and a committee member will counsel scouts with discipline problems:

- a) First Offense: Direct Counseling of Scout.
- b) Second Offense: Direct counseling of Scout with parental notification.
- c) Third Offense: Parental notification and removal of Scout from specific activity. The Scout with his parent or guardian must meet with the Scoutmaster prior to continued participation in the Troop program. Patrols have the right to remove a Scout.

30. **Disenrollment:** Scouts wishing to discontinue active participation in Troop 4 are asked to write a brief letter to the Scoutmaster so stating, and explaining their personal reasons. Each scout may meet with the Scoutmaster (parents included, if preferred) to discuss their decision, and visit with the Scoutmaster about their time in Troop 4.

31. **Gazette: Troop 4 Post Times** This is the newsletter produced by the Scouts of Troop 4. It is published several times per year. Participation in this activity provides leadership opportunity and may be used to complete requirements for Communications merit badge or Journalism merit badge.

32. **Troop Committee:** The Troop Committee meets the first Monday of each month following the Scout meeting. Parent's participation on the *Troop Committee* is essential in maintaining our High Adventure program.

33. **Parent Involvement:** Each Scout's parent or guardian is asked to contribute to the Troop and its activities in some way. Many resources and talents are required to operate a Troop and to have a quality program. The Troop is in need of your help. Each parent may be is asked to complete an Adult Resource Survey outlining the parent's interests and talents. If you feel that the survey does not fully address your abilities, discuss with the Committee Chair or the Scoutmaster ways you can assist the Troop. The Troop recognizes each parent's ability to contribute is unique and varies but only through adult guidance can a boy more fully realize his potential. Each parent should seek a meaningful work area (we need your help in any way you can give it).

34. **Adult Training:** Training can help adult leaders be more effective and comfortable in their role as a Troop 4 leader. The Wakpominee District conducts Scout Leader Training twice a year including a weekend. The National Camp School and Voyageur Training (National BSA Trek Leader and NY State Adirondack Guide Certifications) is conducted in June, and BSA Lifeguard training is held during summer camp. The Troop will assist in paying for leader training.

35. **Alumni:** An alumnus is a Scout or Committee person who has served in Troop 4. Alumni in college are automatically registered as Assistant Scoutmasters for four years following high school graduation while full-time students. Alumni temporarily in the Armed Forces are registered until discharge. Otherwise, alumni are only registered upon request. Special building projects at Camp Wakpominee were designed, funded and built by the Alumni commemorating Troop 4's 80th Anniversary of Service to Scouting.

36. **Youth Protection and Privacy:** Scouts, leaders and parents are encouraged to participate in both mandatory and optional training on youth protection provided at least annually. Troop 4 is committed as well to offering opportunities for parents of both sexes to share and help in scouting. This commitment at times can present challenges while the troop participates in activities and outings. The needs of scouts and parents for privacy and respect must be considered at all times. Troop 4 has an "open door" policy at all meetings and welcomes communication on meeting these challenges. Adults and youths are expected to treat all youth (and others) with the respect and dignity befitting their age and to expect the same in return.

**Two-deep adult leadership** -- The rules of the Boy Scouts of America's national organization require "two-deep" leadership at all events, for the protection of the boys. This means that at no time can only one adult be with a boy or boys on a campout or other activity. If a second adult cannot be found to accompany the group, then the event must be canceled.

### **Twin Rivers Council Programs**

37. **The Council:** Twin Rivers Council registers troops, conducts boy and adult leadership training, administers Advancement, coordinates outdoor programs with other troops, sponsors the Order of the Arrow Lodge, and runs 4 camps (including Camp Wakpominee). The council office is maintained at 253 Washington Avenue Extension (near Crossgates Mall), Albany, NY 12205 phone (518) 869-6436. About one third of the annual budget comes from the United Way. The remainder must be raised through fundraising projects like Friends of Scouting, the Bowl-a-ree, and scout fundraisers such as popcorn sales. Twin Rivers Council is comprised of 6 districts: Fort Orange, Mahikan, Schenectady, Saratoga, Sir William Johnson and Wakpominee. Wakpominee is the local district to Glens Falls and region. The local Wakpominee District maintains an office at 15 Pearl Street, Glens Falls, NY 12801 phone (518) 792-5433.

38. **Philmont:** Philmont, the National Scout Training Center, Cimarron, New Mexico, conducts special High Adventure treks each summer. Twin Rivers Council sponsors a group most summers. To attend, Scouts must be age 14 by January 1 of the year they will attend, at least First Class rank and have camping and cooking merit badges. The next expedition is scheduled for Summer 2002. More details are available from the council.

39. **National Jamboree:** The 15th National Jamboree was in the first week of August 2001 at Fort A.P. Hill, VA. Some 35,000 Boy Scouts and leaders in 700 troops plus some 4,000 staff members attended the 14<sup>th</sup> National Jamboree held in 1997. The Council sends a special troop for the entire Jamboree.

40. **Order of the Arrow:** The Order of the Arrow (OA) is a national brotherhood of honor campers. The Order of the Arrow recognizes those Scout campers who best exemplify the Scout Oath and Law in their daily lives, develops and maintains camping traditions and spirit, promotes Scout camping, and crystallizes the Scout habit of helpfulness into a life purpose of leadership in cheerful service to others. Troop Arrowman are elected by all troop members once a year in March. The Wakpominnee Chapter of Twin Rivers Council Haudenosaunee Lodge #19 conducts a spring and fall weekend at Camp Wakpominnee, and a winter event. Monthly meetings are held the first Thursday of each month at 7:00 p.m. at the scout service center at 15 Pearl Street, Glens Falls.

41. **National Order of the Arrow Conference (NOAC):** Held every other year. The Council sponsored trip departs late July and returns August. The Conference includes specialized leadership training and national fellowship for Order of the Arrow members. Participants and the council share costs.

42 **Outing Gear Essentials:** To outfit for a Troop 4 outings the most important equipment is a good pair of well fitting of hiking boots. Scout's feet grow quickly and these should be checked regularly for size. Other items that scouts collect in addition to clothing are: tight fitting water bottle, sleeping pad, cold weather (mummy) sleeping bag, backpack, gaiters. Some items might be borrowed from friends, family or other Troop members. Please do not hesitate to ask for help on equipment needs. Troop Leadership reserves the right to making decisions about participation on outing to insure all scouts have a safe experience.

All dates and destinations subject to changes,

43 **Outing Guidelines:** No electronic gadgets -- We will not allow devices such as personal stereos and Gameboys on troop outings. There is nothing inherently wrong with these activities, but it robs the boy's time and attention away from other activities that are more helpful to his development. Believe it

or not, boys in the 21st century still can have a lot of fun the old-fashioned way!

Soda pop & junk food -- Similarly, we try to limit junk food and soda pop on campouts. It is heavy to pack, can get messy and sticky if spilled, attracts bugs and animals, can lead to behavior problems with the sugar/caffeine blast, and requires boys to pack out the empty cans. It just isn't worth it! Some sweets are allowed for desserts and snacks, but the boys are encouraged to plan well-balanced meals since that's required for advancement.

Other contraband -- It should go without saying, but we'll say it just in case. No alcohol, tobacco, illegal drugs, pornography, firearms, etc. Scout should have a feel for what is appropriate or not and it is their responsibility to ask first about bringing questionable items.

**Troop 4 - Boy Scouts**  
Equipment Checklist for Camping Trips  
(Mark all gear with initials or name)

**Each boy should have: (optional items on back)**

- Good frame pack internal or external (with waterproof pack cover)**
- Waterproof hiking boots well broken in**
- Sleeping bag good to 0 degrees F.**
- Sleeping pad or air mattress with ground cloth**
- Space blanket (heavy duty)**
- Rain coat and rain hat/large poncho or rain suit**
- Polypropylene long underwear**
- Underwear**
- Wool or synthetic socks (2-pair)**
- Wool or poly-blend pants (no cotton jeans)**
- Waterproof windbreaker**
- Wind pants**
- Wool or fleece sweater or jacket**
- Wool Winter hat (covers ears)**
- 2-pair mittens(gloves extra, no substitute)**
- Flashlight with extra batteries (**Head lamp**)**
- Stick matches (waterproof case)**
- Pocket knife**

- Repair kit: needles, thread, safety pins, (buttons), extra shoe/boot laces**
- Compass and map of area**
- Plate**
- Spoon**
- Cup (with measures)**
- First Aid Kit(Band-Aids, tape, antibiotic ointment)**
- Mole skin / adhesive backed felt**
- Ace bandage**
- Plastic garbage bag (2 ea.)**
- Trail food (trail mix, fruit)**
- 1-Quarts water-plastic bottle or canteen**
- Towel-washcloth-soap in plastic box**
- Toothbrush - toothpaste**
- Toilet paper in plastic bag**
- Plastic or metal whistle (emergency)**
- Emergency space blanket (light weight)**
- Day Pack for: Water, trail food, windbreaker, winter hat, map and compass, knife, lt. wt. emergency blanket, first aid kit, moleskin, ace bandage, and flashlight, etc.**

**Each Patrol should have:**

- First Aid kit-snake bite, tweezers, needles**
- Maps**
- Tents**
- Dining Tarp and extra cord**
- Shovel**
- Saw**
- Sharpening Stone**
- Water purification filter/tablets**
- Water carriers - 5-gallon**
- Insulated food container**
- Fire starters**
- Wood fire grate**

- Food**
- Large stuff bag (tree food at night)**
- Sealed containers (for food, cooking oil, Spices, coffee/tea)**
- Plastic bags - large and small**
- Alcohol Stove / Patrol Mess Kit**
- Alcohol in plastic bottle**
- Dish pan-biodegradable soap, brillo pads**
- 2-sponges (1-dish, 1-keep tents clean)**
- Long fork and spoon**
- Cooking glove or holder**

On some trips, you will be told not to bring or not to bring some items. For example there is a specific list on "Salmon Pond Equipment".

Avoid cotton- especially jeans; when wet, cotton clothing can cause hypothermia even in summer. Insure ski pants fit over wool or poly blend pants etc. Avoid fresh meat, cans and glass bottles; carry dried foods.

Bring uniform only for Camporee/Jamboree/Scout Camp/ National Historic Sites. **Items to leave at home:** comics, magazines, playing cards, pop (soda), TV, radio, tape players, electronic games, guns, caps, firecrackers or fireworks, pocket hand warmers (except emergency chemical types).

All trips depart Christ Church at 6:00pm for Friday departures, 7:00am for Saturday departures. Return will be to Christ Church, where scouts may call home for pick-up. Return times are generally only estimates and can vary. It is best **prior to leaving** for the parent and Scout to have a backup plan of phone numbers in case of early or late arrival.

On every trip, you will be assigned to a specific auto. Return trip may be in a different car. At the end of the trip, check out with an adult leader before leaving (even with your parents).

Your Patrol Leader can answer most questions concerning trips - try him first.

### Camping Equipment -- Optional Items

- |  |   |
|--|---|
| <input type="checkbox"/> Trail marking tape                              | <input type="checkbox"/> Comb - nail-file                   |
| <input type="checkbox"/> Fanny pack/belt pouch                           | <input type="checkbox"/> Bug repellent - Insect head net    |
| <input type="checkbox"/> Extra lash straps                               | <input type="checkbox"/> 2-candles                          |
| <input type="checkbox"/> Waterproof stuff sacks for organizing pack      | <input type="checkbox"/> Thermometer                        |
| <input type="checkbox"/> Sleeping bag liner to keep bag clean (bedsheet) | <input type="checkbox"/> Small back-up flashlight           |
| <input type="checkbox"/> Nylon line                                      | <input type="checkbox"/> Watch                              |
| <input type="checkbox"/> Hat and light weight gloves (summer)            | <input type="checkbox"/> Sunglasses                         |
| <input type="checkbox"/> Work gloves                                     | <input type="checkbox"/> Camera-extra film                  |
| <input type="checkbox"/> Sneakers or moccasins for in-camp               | <input type="checkbox"/> Binoculars                         |
| <input type="checkbox"/> bread bags for feet                             | <input type="checkbox"/> Fishing rod                        |
| <input type="checkbox"/> Scarf or facemask                               | <input type="checkbox"/> Field Book - Hiking Guides         |
| <input type="checkbox"/> Sweat suit                                      | <input type="checkbox"/> Bible or prayer book               |
| <input type="checkbox"/> Air Pillow                                      | <input type="checkbox"/> Musical instrument - BSA Song book |
| <input type="checkbox"/> Scout Handbook                                  | <input type="checkbox"/> Merit Badge Pamphlet               |
| <input type="checkbox"/> Handkerchiefs                                   | <input type="checkbox"/> Wallet with money                  |
| <input type="checkbox"/> Wash bag for sanitizing                         | <input type="checkbox"/> Quarter (emergency call)           |
| <input type="checkbox"/> Metal Mirror                                    | <input type="checkbox"/> Licenses and identifications       |
| <input type="checkbox"/> Shorts-T-shirt-swim trunks                      |   |

### Special items for Canoe Trips:

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Waterproof gear bag or buckets | <input type="checkbox"/> Life Jacket  |
| <input type="checkbox"/> 2-Large Sponges                | <input type="checkbox"/> Canoe bailer |

## Where to Purchase Camping and BSA equipment:

**Note: generally the first piece of equipment is a well fitting pair of hiking boots, second LED headlamp. All other equipment can be initially borrowed (talk to Troop leaders) until a scout finds his preferred types...**

Local store	Address	Phone	Products
Boy Scout Service Center Open Wed.-Fri. 12-5	15 Pearl St., GF	792-5433	Scout books, uniforms, scout items
Northland Sport Outfitter	Lake Geo. Rd., next to Great Escape	798-4902	Uniforms, Scout items, Camping, hiking supplies, cold weather clothing & gear, outdoor gear
Coleman Outlet	Rt.9, Lake George	792-1269	Camping, outdoor sports gear
John's Outdoor	Dix Ave, Hudson Falls		Camping, hiking supplies, cold weather clothing & gear, outdoor sports gear
Wal-Mart	Upper Glen St., Qby		Camping, hiking supplies, cold weather clothing & gear, outdoor sports gear
Inside Edge Ski & Bike	630 Upper Glen St., GF	793-5676	Outdoor sports gear, skis, bikes, canoes
The Sports Page	138 Quaker Rd, Qby	792-1304	Outdoor sports gear, skis
Adirondack Mountain Club	Rt. 9N, off Exit 21, Lake George	668-4447	Topo maps, outdoors books
Fall Line	Quaker Rd, Qby	793-3203	Outdoor sports gear, skis, canoes
Orvis Outlet	Rt.9, Lake George		Outdoor sports gear, Fishing
Rick's Bike Shop	Quaker & Ridge, Qby	793-8986	Bikes and equipment
Dick's Sports	Aviation Mall		Camping, outdoor sports gear
Salvation Army	Quaker near Ridge, Qby	793-8986	Used wool clothing, equipment (occasionally)
Army/Navy	Dix Ave, Hudson Falls		Used clothing, equipment

Catalog source			
Boys Scouts of America		1-800- 323-0732	Uniforms, scout items
Cabela's Outfitter	Sidney, NE	1-800- 237-4444	Camping, hiking supplies, cold weather clothing & gear, Hunting, fishing and outdoor gear
Campmor Campmor.com	Paramus, NJ	1-201- 445-5000	Camping supplies, Hunting, fishing and outdoor gear
L.L.Bean	Freeport, ME	1-800- 341-4341	Camping, hiking supplies, cold weather clothing & gear, outdoor gear

Farther-a-field			
Eastern Mountain Sports	Main St., Lake. Placid		Camping, hiking, rock climbing supplies, cold weather clothing & gear, outdoor sports gear
Dick's Sports	Wilton Malls		Camping, outdoor sports gear
Eastern Mountain Sports	Wilton Mall		Camping, hiking, rock climbing supplies, cold weather clothing & gear, outdoor sports gear
The Mountaineer	Rt. 73, Keene Valley		Camping, hiking, rock climbing supplies, cold weather clothing & gear, outdoor sports gear, skis, canoes, topo maps, outdoors books
Mountain and Border Town	Main St., No. Creek	251-3111	Outdoor sports gear, skis, bikes, canoes, entertainment

## OUTING & EVENTS CALENDAR

Troop 4 Program: 2006-2007 (as of 6/12/06)

Sept. 10	Diabetes Walk 10:00
10	Kick-off Family Picnic-Crandall Park 4:00
11	First Meeting 7:00pm Christ Church United Methodist
16 - 17	Bike Outing (Balschunat)
18	Bring a friend Open House
23	Bottle Drive at church, 9:00 am - 3:00 pm
30	Sail training at church 2:00 - 3:00
Oct. 6 - 9	Sailing trip to Block Island, Rhode Island (Clements)
14	Paper drive. 9:00 am - 3:00 pm
22	Host Community Dinner @ Church of the Messiah
23	23 Court of Honor 7:30
30	Halloween Costume Party
Nov. 3 - 5	High Peaks
19	Family Thanksgiving Dinner at Camp Wakpominee 1pm.
Dec. 2/ 3	Day Hike or Ski with Webelos
18	Holiday Party
2007	
Jan. 20 - 21	Ski and Sledding Outing at Camp Wakpominee
27	X-C Skiing Practice in Crandall park 1:00 pm
28	Charter Night Diner, Court of Honor 4:00 pm.
Feb. 2 - 4	Salmon Pond
11	Scout Sunday
19	Summer Jam
26	Bring a friend/ Webelos Open House
Mar. 3-4	Winter outing
10	Junior Leader Training Day 10:00 - 3:00
26	Youth Protection
31	Bottle Drive at church, 9:00 am - 3:00 pm
Apr. 21	Paper Drive at church, 9:00 am - 3:00 pm
27 - 29	City trek to Boston
May 18 - 20	High peaks Outing
28	Memorial Day Parade
June 2 - 3	Canoe/ Fishing Outing
11	Court of Honor 7:30 pm
18	End of Year Picnic, 6:00 pm at Crandall Park (Scouts and leaders only please)
July 15-21	Summer Camp, Camp Wakpominee
Aug. 18-19	Canoe Outing

Other events TBD: Trails End Popcorn Sales, Adopt a Highway, Soup Kitchen, Scouting for Food, Church Clean-up

**Dates/ Events subject to change.  
Check Troop4.org for more information**